

# JAMAL MASSRY

NUINSTRUCTORS' COORDINATOR –  
NURSING INSTRUCTOR – TRAINER –  
HEAD NURSE – CRITICAL CARE NURSING  
– AIRWAY MANAGEMENT - MECHANICAL  
VENTILATION SPECIALIST – INSTRUCTOR  
– PSYCHIATRIC NURSE – COMMUNITY  
HEALTH – STRESS MANAGEMENT AND  
SELF HEPL PLUS SESSIONS' FACILITATOR

## PERSONAL PROFILE

Detail-oriented, highly motivated, nursing, with 7+ year of experience treating critically ill patients, Mechanical Ventilation specialist, critical thinking, problem solving, leading staff training and counseling patients, instructor, psychiatry instructor, educational background.

## CONTACT DETAILS:

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## ACADEMIC HISTORY

### LEBNAESE UNIVERSITY

Master's degree in public health "Applied health sciences" SEP-2023

### SAINTE FAMILLE UNIVERSITY, BATROUN

Diploma in Mental Health JUNE-2023.

### SAINTE FAMILLE UNIVERSITY, BATROUN

Bachelor's degree in nursing sciences. 2020

## SKILLS:

- Conflict resolution
- Problem solving
- Communication skills.
- Teamwork and cooperation.
- Nursing trainer
- Bedside intubation
- Behavioral skills.
- Interpersonal Skills
- Mental Health
- Ethics and Confidentiality
- Instructor
- Educational background
- Stress management.
- Good decision maker
- Cardiopulmonary resuscitation.



## CAREER HISTORY

### TRAINERS' COORDINATOR – INSTRUCTOR (Consultancy)

World Health Organization | October-2023 – January 2024

- Monitoring of the theoretical part of training of "Mechanical Ventilation" and evaluate the good implementation of the project.
- Implement the protocols of the practical part of the training in the governmental hospitals.
- Organize and coordinate the training's activities, schedules, and structure, in the governmental hospitals.
- Coordinate in the implementation process of the program.
- Provide training's logbook and follow up on the attendance of both trainers and trainees.
- Preparing and implementing of the terms of reference of the trainers.
- Collect trainees' feedback, and work on training effectiveness' improvement if needed.
- Coordinate with the focal point persons of the hospitals to schedule and facilitate the training process.
- Give and perform a whole Mechanical Ventilation's training program to the intensive care nurses in a governmental hospital.
- Evaluation of the trainers' performance, program implementation, challenges, gaps, and reporting to the program coordinator.

### INSTRUCTOR / LEBANESE RED CROSS Jan-2023 - Present

- Develop comprehensive curriculum materials for mental health courses tailored to the needs of technical program students.
- Delivering engaging lectures, presentations, and materials.
- Stay up to date for all trends and new research in Mental health educations.
- Design assessments, quizzes, and projects to evaluate students' understanding of mental health concepts and provide constructive feedback for their improvement.

### RESPIRATORY THERAPIST / NURSING TRAINER

Connecting Research to Development | DEC-2019 – MAY 2024

- Collaborate with the coordination of the project and do Brainstorming to facilities the teamwork and for a better collaboration with the Governmental Hospitals
- Supervision on the field to achieve the targeted quality of care.
- Responsible for the Capacity Building of the ICU team members by providing Trainings, support, education, and experience.
- Making emergency visits to resolve equipment problems when necessary.
- Providing emergency care, such as external cardiac massage, artificial respiration, or assistance with cardiopulmonary resuscitation.
- Monitoring patient physiological responses to therapy such as arterial blood gases, vital signs or blood chemistry, and lung function changes, and consulting with physicians if there are adverse reactions.
- Inspecting, testing, cleaning, and maintaining respiratory therapy equipment to ensure it is functioning safely and efficiently.
- Monitoring patient physiological responses to therapy such as arterial blood gases, vital signs or blood chemistry, and lung function changes, and consulting with physicians if there are adverse reactions.
- Maintaining charts that contain patient identification and therapy information.
- Measuring arterial blood gases, reading prescriptions, lung capacity, and reviewing other information to assess patient condition.
- Monitor of the ventilator parameters and adjustment in collaboration with the intensivist.
- Work closely with infection, prevention, and control officer inside the hospital, provide help when needed in case of training or implication of protocols and standards.
- Supervising and training of nurses, and other related staff under supervision; assisting on training medical team members ensuring teamwork and adherence to all appropriate protocols and procedures.
- Training ICU nurses and inhalation therapist and provide medical help in case needed for patients in the post-operative intensive care unit, as well as medically critical ill patients.
- Facilitate, support, and supervise the sterilization and disinfection.

## SOFTWARE SKILLS

- Microsoft team
- Microsoft Office
- Microsoft Excel
- Microsoft PowerPoint
- Zoom
- Phenics.

## LANGUAGES

- French: Excellent
- English: Excellent
- Arabic: Fluent

## REFERENCES

- ✓ **Dr. Foad Zyede “Lebanese University-Faculty of Health”**  
Cell: +961 3 229 200
- ✓ **Dr. Ghada Abou Murad “Program Coordinator-World Health Organization”**  
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- ✓ **Dr. Ayman Trad “Lebanese University-Faculty of Health”**  
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- ✓ **Dr Jalal Abbous “Medical Advisor – International Medical Corps- “**  
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## PSYCHIATRIC NURSE-PRACTITIONER / SELF HELP + FACILITATOR

International Orthodox Christian Charities | Jun 2021 – Present

- Conduct thorough clinical assessments and develop a clear nursing diagnosis of the medical and emotional state of beneficiaries.
- Identify and report on gaps related to the management of psychotropic medications to the health officer/mental health officer.
- Provide beneficiaries and their families with information and education on their mental health illness and recovery plan.
- Intervene and de-escalate mental health emergencies and suicide crises.
- Provide awareness sessions on several topics, such as, but not limited to, non-communicable diseases, IYCF, and waterborne diseases and hygiene.
- Monitor the implementation of the project activities at the supported PHC and report problems, challenges, and issues to the Health Officer/Mental Health Officer
- Hold a monthly meeting with the Health Officer/Mental Health Officer to follow up on the beneficiaries' status.
- Ensure timely reporting of the activities to the Health Officer/Mental Health Officer
- Knowledge of/willingness to build capacity and knowledge in mental health in complex emergencies is a plus (IASC guidelines, Psychological First Aid, MH GAP...)
- Certified facilitator of the Self Help Plus sessions in the PHCC in coordination with IDRAAC

## ICU NURSE SUPERVISOR / HEAD NURSE

Borgi Hospital | Dec 2019 - Jan 2022

- Directed nursing service activities for assigned intensive care unit patients.
- Delegated responsibilities to auxiliary and intensive care unit staff nurses
- Supervised preparation and maintenance of intensive care unit patient clinical records Managed inventory of solutions, supplies, medicines, narcotics, and equipment according to hospital policies, procedures, and regulations
- Evaluated intensive care unit staff performance and quality of service.
- Coached and developed nursing staff.
- dressing preparation for patients in the post-operative ICU.

## ICU REGISTERED NURSE – POST CARDIAC SURGERY ICU NURSE

Saydet Zgharta University Medical Center | Aug 2016 - Sep 2020

- Worked with children and asking questions about their health for diagnosis and documenting patients' symptoms and medical history for the doctor.
- Assessed a child's needs and providing initial card.
- Identified changes in children's symptoms and intervening in emergency situations.
- Participated in pain management for children.
- Administered medications, drawing blood, and giving childhood vaccinations following age-appropriate guidelines.
- Monitored temperature, pulse, breathing, and blood pressure and kept accurate records.
- Evaluated children for signs and symptoms of abuse.
- Provided supportive care to dying children.
- Dealt with the anxieties and demands of parents and helped families to deal with their child's illness or injury.
- Remained up to date on the latest developments, rules and regulations, drug therapies, equipment, and treatment procedures.

## • TRAININGS AND CERTIFICATES

- First Psychological Aid – Restart Center for Rehabilitation of Victim of Torture – under UNHCR. Dec-2023
- Insight into Geriatric care Beirut ARABIC University April-2024
- Training of Trainers (TOT) Inhalation Therapy and Mechanical Ventilation providing “Mount Lebanon Hospital-World Health Organization” **10 Days trainings**. Dec-2023
- Self Help+ IDRAAC (Training of Facilitator). Nov-2023
- Self-identification and Referral in child protection Himaya. Nov-2023
- LEAD to fight against FLU – Order of nursing in Lebanon. Nov-2023
- ACLS Radcliff Cardiology SEP-2023
- BSAFE by UNDSS, Nov 2022 e-SPACE.
- E-Space Heart Failure 2022 by EBAC, Oct 2022
- Myths & Misconceptions of Tardive Dyskinesia in Psychiatric Settings O by HMP Education, Sep 2022
- Training to LSA EMTs and to IOCC front liners - The Management of Mental Health Emergencies by Restart Center for Rehabilitation of Victims of Violence and Torture, Jun 2022
- The self-paced study route of the Sphere in Practice online course by Sphere, Sep 2021
- Road to Excellence in Heart Failure Nursing by Novartis Pharma Services Inc.
- Workshop, in collaboration with the Order of Nurses, Dec 2017
- Traumatic Brain Injury Symposium by AUBMC, Dec 2017
- Airway Management by New Mazloum Hospital, Oct 2017

